

Basketball Clinic Introduction 4th - 8th grade Fall 2025

Good afternoon school families.

I am going to run a basketball clinic which will be open to St. John's students in the 4th grade through 8th grade. I had coached the St. John's Lutheran girls basketball team for 15 years before the pandemic.

These 6 weeks will be an introduction to basketball. Participants will learn the correct way to dribble, pass, and shoot. I plan to build on this foundation in January.

Thank you Ms Bock

6 weeks = \$100 per student Cash or a check made payable to *St. John's Lutheran School*. **The permission slip and fee are due by Monday, October 27th.**

When: Tuesdays After School until 4:45 pm

Starting: November 4th.

Please bring: Exercise clothes and sneakers; water, juice, or a sports drink; a quick, light snack to eat at 3:15 (No Gum allowed) Asthma inhaler (if applicable);

Needed in order to participate: A Health Exam form from within the last year with the "Full Physical Activity" box checked off. Alternatively you can ask your doctor to sign the Extra Curricular Permission Slip which is available under the Registration tab on our school website. www.school.stjohnslutheransi.org

Introductory Basketball Clinic for St. John's Lutheran Students in 4th - 8th grade

I give my child(ren) _____ grade(s) _____

Permission to participate in the Fall 2025 Basketball Clinic with Ms Bock

Guardian's Name _____ Date _____

Contact # _____ Medical is on file ____Y ____N

Adult picking child up if different _____

\$100 Enclosed per child _____ # participants x 100= Total \$ _____