St. John's Lutheran October 2024 PK Lunc
Tue Tue Thu Thu Fri Sat 2 3 5 Chicken Nugget **Grilled Cheese** Pizza **Grilled Chicken cut** fries Vegetable Bananas up fruit Fruit Vegetable Fruit

7 Mac and Cheese Broccoli Fruit	Chicken Tenders fries Fruit	8	9 Meatball Parm Rolls Fruit	Pizza Bananas	10	Pasta with Butter Vegetable Fruit	12
14 Plata with Meatbells Vegetable Fruit	Chicken Nugget fries fruit	15	Chicken Cutlet Parm White Rice Fruit	Pizza Bananas	17	Chicken Cutlet Cut up Vegetable Fruit	3 19
Pasta with Broccoli fruit	Chicken Tenders fries Fruit	22	23 Chicken Parm Rolls Fruit	Pizza Bananas	24	Mac and Cheese Vegetable Fruit	26
28 Shells with Marinara Vegetable Fruit	Chicken Nugget fries fruit	29	30 Hamburger Slider Vegetable Fruit	Pizza Bananas	31		
	Mac and Cheese Broccoli Fruit 14 Pasta with Meatballs Vegetable Fruit 21 Pasta with Broccoli fruit 28 Shells with Marinara Vegetable	Mac and Cheese Broccoli Fruit 14 Pleta with Meafballs Vegetable Fruit Pasta with Broccoli fruit Chicken Nugget fries fruit Chicken Tenders fries Fruit Chicken Nugget fries Fruit Chicken Tenders fries Fruit Chicken Tenders fries fries Fruit Chicken Tenders fries fries Fruit	Mac and Cheese Broccoli Fruit 14 Plata with Meatballs Vegetable Fruit Pasta with Broccoli fruit Chicken Nugget fries fruit Chicken Tenders fries Fruit 22 Chicken Tenders fries Fruit Chicken Tenders fries Fruit 22 Chicken Nugget fries Fruit 24 Chicken Nugget fries Fruit 25 Chicken Nugget fries Fruit	Mac and Cheese Broccoli Fruit 14 Chicken Nugget fries fruit 15 Chicken Cutlet Parm White Rice Fruit Pasta with Broccoli fruit 21 Chicken Tenders fries fruit 22 Chicken Tenders fries Fruit 23 Chicken Parm Rolls Fruit 24 Chicken Tenders fries Fruit 25 Chicken Parm Rolls Fruit 26 Chicken Parm Rolls Fruit 27 Chicken Parm Rolls Fruit 28 Chicken Nugget fries Fruit 29 Hamburger Slider Vegetable Fruit 30 Fruit 40 Fruit 41 Fruit 41 Fruit 41 Fruit 41 Fruit 42 Fruit 43 Fruit 44 Fries Fruit 45 Fruit 46 Fruit 47 Fruit 47 Fruit 48 Fruit 40 Fruit	Mac and Cheese Broccoli Fruit 14 Chicken Nugget fries fruit 15 Chicken Cutlet Parm White Rice Fruit Pasta with Broccoli fruit Chicken Tenders fries fruit 21 Pasta with Broccoli fruit Chicken Tenders fries fruit 22 Chicken Parm White Rice Fruit 23 Chicken Parm Rolls Fruit Pizza Bananas Pizza Bananas	Mac and Cheese Broccoli Fruit Chicken Tenders fries Fruit 14 Chicken Nugget fries fruit Chicken Nugget fries fruit Chicken Nugget fries fruit Chicken Cutlet Parm White Rice Fruit Pizza Bananas 17 Chicken Cutlet Parm White Rice Fruit Chicken Parm Rolls Pizza Bananas 22 Chicken Parm Rolls Fruit Shells with Marinara Vegetable Fruit Chicken Nugget fries Fruit Pizza Bananas 17 Chicken Parm Rolls Fruit Pizza Bananas 24 Chicken Parm Rolls Fruit Pizza Bananas 24 Chicken Parm Rolls Fruit Pizza Bananas 24 Pizza Bananas 25 Chicken Parm Rolls Fruit Pizza Bananas Pizza Bananas	Mac and Cheese Broccoli Fruit Meatball Parm Rolls Fruit Pasta with Meatball Parm Rolls Fruit Pasta with Meatballs Vegetable Fruit Pasta with Broccoli fruit Pizza Bananas Pasta with Butter Vegetable Fruit Pizza Bananas 24 Mac and Cheese Vegetable Fruit Pruit Pasta with Butter Vegetable Fruit Parm White Rice Fruit Pizza Bananas 25 Mac and Cheese Vegetable Fruit Parmburger Slider Vegetable Fruit Pasta with Butter Vegetable Fruit

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